

# PTV Training Saturday 30<sup>th</sup> November 2019

# **LRAC (Lincolnshire Rural Activities Centre)**

Kenwick, Kenwick Hill, Louth, LN11 8NR

The PTV training will be held in the indoor school & all the parking is on hard standing

**Enquiries:** Caroline Forrester 01775 680819 or Sarah Kelsey on 07818 080046 (evenings only) or email caroline@treclincolnshire.co.uk or sarah@treclincolnshire.co.uk

Entries must be received by 23<sup>rd</sup> November and will be limited – please enter early!

## All horses must be fully vaccinated to attend this event

#### **TRAINING**

The training will be in small groups (typically 4 or 5 riders).

We will endeavour to make each group comprise riders of a similar level of experience.

We will cover a selection of Trec obstacles, both ridden and led:

such things as a footbridge, a water-crossing, bending poles, immobility (of the horse/pony), a small jump (up to about 2 feet), mounting (either from the ground or a block), opening and closing a gate, reining-back, riding or leading through a corridor of poles on the ground or an S-bend.

You'll be shown how to tackle each obstacle, learn how it is judged and you'll be able to practice. As with Trec obstacles in a competition, if you don't want to try an obstacle, you just need to tell us at the time (or in a competition, that obstacle's judge).

**Entry fee for Trec Lincolnshire members £20** 

Entry fees for Non-members:- (which includes day membership of Trec Lincolnshire) £25

Join Trec Lincolnshire for our 2019 – 20 membership year

<u>Join here</u>



### FREE Introduction to Summer Events

The POR, or orienteering phase will be explained, including the equipment you'll need and what you need to do. There will also be a mock map room where you can have a go at copying a route down and we'll answer any questions you might have.

## FREE 20 minute PTV taster session

Come with or without your horse/pony in to the arena, either in hand or ridden. You will be shown how each obstacle should be completed and will be able to tackle each obstacle once.

#### How do I take part?

The day is open to all. Please complete the on-line entry form

You will be emailed with your start time, then come along (with your horse/pony) on the day.

Please enter early - if all places are filled, a waiting list will be kept. Late entries will only be accepted once the waiting list has been emptied and will be subject to a surcharge.

#### **Payment**

Please transfer your entry fee to Trec Lincolnshire at bank reference 40-30-26 account number 11498959 giving the rider's name and K11 as the Reference or by sending a cheque to Trec Entries, 3 Chapel Row, Fleetway, North Cotes, Grimsby, DN36 5UT

#### Refunds

Full refunds will be given for withdrawals before the closing date.

No refunds will be given for withdrawals after the closing date.

#### What do we wear?

Safe and comfortable riding gear (there is no requirement for show jackets or plaiting up the horse), and your horse or pony's usual tack, will be fine, but please read the rules (below).

## **Spectators welcome**

#### **RULES**

Rules as per the 5th edition TREC GB rulebook, which can be found at www.trecgb.com/Rulebook.html.

- 1) Horses must be a minimum of four years old to compete at Level 1, 2 and 2A and five years old to compete at levels 3 and 4 (i.e. for levels 1, 2 and 2A, a horse born in 2015 may compete in 2019). Mares more than four months pregnant may not compete.
- 2) The welfare of horses competing in British TREC competitions is paramount. No horse may compete if it is unsound or unfit to carry the rider for any reason. Any rider who continues on a horse that they know to be unsound or that has been definitively stopped by the veterinary surgeon or designated competent official on fitness and/ or welfare grounds will be eliminated from the competition.
- 3) All riders competing must be members of either Trec Lincolnshire, TREC GB or a GB TREC Club. Non members will pay an additional £5 to become members of Trec Lincolnshire for the duration of the competition.
- 4) No rider will be permitted to start any phase of the competition unless wearing a hard hat, which meets a standard currently approved (listed in Appendix 2 TREC GB Rulebook). The appropriate hats should have the BSI 'KITE' mark and/or Inspec IC Mark and/or the American equivalent, the 'SEI' mark securely (non-removable) attached to the hat.
- 5) Riders may choose to wear a body protector. If worn, BETA level 3 standard is recommended. It is recommended that body protectors are replaced every 3-5 years, even if they are apparently undamaged.
- 6) Riders must wear clothing that is suitable and practical for riding out in the countryside. Horses must wear the same tack (saddle and bitting arrangement) for all three phases.
- 7) Standing martingales and other fixed reins are forbidden. For led PTV obstacles the horse must be led using the reins taken over the head or a headcollar and leadrope. If a horse is ridden in a running martingale it must be led from a headcollar and rope for any led obstacles on the PTV, unless the martingale can be unclipped from the neckstrap so that the reins can be taken over the horse's head.
- 8) Whips must not exceed 75cm (1m for side-saddle) overall length (including any thong or tassel). Spurs, if worn, must be rounded, not exceeding 3cm in length and **must not point upwards**.
- 9) No horse or pony may compete more than once in any affiliated class.

It is your responsibility to familiarise yourself with the basic rules. The TREC GB Rulebook (5<sup>th</sup> edition 1 February 2019) can be found on the TREC GB website, <a href="https://www.trecgb.com/Rulebook.html">www.trecgb.com/Rulebook.html</a>.

#### **HEALTH AND SAFETY**

The event manager/organiser has taken all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day. Trained First Aiders will be present at the event and should be summoned through an official in the event of an accident. The event manager/organiser will have contact telephone numbers for emergency veterinary service. Please take care to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.